



# The Josephite

St. Josephs Boys High School Newsletter

Volume 4 Issue 1 June – July 2019

## Message from our Principal

I am delighted to be back in SJBHS and look forward to continuing the work of the Jesuit fathers before me. We are a big school with both boys and girls from diverse backgrounds and we have a responsibility to give them the best education. We look at education not just as academic instruction, but growth in physical and moral areas as well. This requires coordination of our resources to accompany our vision.

I am looking forward to ensuring the same rigour and accountability in our teaching that exists in the best educational institutions. I plan to do this through constant interaction with our teachers and parents and by always being approachable. I am also keen to support the activities of our clubs which offer a wide range of skill based activities to our students. Our Outreach work where we reach out to the underprivileged is something I personally hold very dear and I would like to see it grow in meaning and scope. I believe that our duty is to raise passionate and morally sound citizens of the future, and I look forward to working towards that.

It is both a privilege and a responsibility to be the Principal of SJBHS. The school has done exceedingly well in many spheres in the recent past. In keeping with the Jesuit motto of **'MAGIS'** which means 'more' or 'greater', it will be our aim to strive with integrity towards a higher level of excellence in everything we do. We plan to further our concern for the underprivileged by finding more ways to sensitize our students to their situation.

Environmental issues will also receive more attention as our students are the citizens of tomorrow and should be fully equipped to save our planet. Harmony, peace and reconciliation is the need of the hour in our society and we will continue to enhance our inter religious programmes as well. 'Cura Personalis' or 'care for the entire person' is very important to us. We plan to conduct more programmes both for teachers and students which will make personal care and mentoring more meaningful. We hope to also participate in various activities in different parts of the country and thus provide better exposure for our students.



Jesuit philosophy believes in preparing 'men and women for others'. At St Joseph's, we wish to bring forth compassionate, committed, competent, confident and creative individuals who will realise that their education has empowered them to make a difference, both nationally and globally. We give academics and co curricular activities equal importance, and facilitate achievements in both. Thank you and may God bless our efforts.

**Fr Sunil Cletus Fernandes SJ**



*At St Joseph's we like to do our bit to save the environment; we have decided to go online with all our issues of the school newsletter. We will publish an issue once in two months and it will be a student initiative. The inaugural issue is by the students of class XII C.*

## Faith

There are innumerable situations in life that call for our attention. These judge our acumen. But life is always admixed with uncertainties, this is when our confidence and faith make an ambivalent yet powerful entry into our lives.

Faith is an amiable quality in every human being, the sense of optimism helps us pass through all anomalies that we encounter with ease. It can be found in the smallest of things and youngest of minds. It is like an invisible guard that has an ardent will to it, that assuages our fears. It makes us bereaved of negativity. It prevents us from getting circumvented and draws our vision to the positive air that surrounds us.

Our cognition often serves as a pathway to faith. It paves way to achieving our goals. It electrifies our spirit and helps us toil through to make it to our dreams.

Faith paints and builds a vision in our lives. When we see various thoughts and emotions radiating from varied sources, we derive inspiration from it. This makes us question our actions and influences what we might do or undertake later in life. It brings direction, a sense of moving on without giving up, by making the worst of events seem trivial to us.

When hope is burning bright and fierce in you, it also burns any thought of not overcoming any tough situations in life. It helps everyone in achieving success. It eliminates all boundaries. Hence, no one should drown in hopelessness. Instead one should accumulate the smallest of things and build a castle of hope out of it. This castle will not only give comfort emotionally and physically but also keeps one reticent to all pitfalls that befall us. Faith helps us blossom stoicism and equanimity.

***Sriya Naik***

## Loyalty

Loyalty - is the unspoken rule in any relationship. It is a quality ingrained in each one of our hearts. We stay true to it when our minds and spirits are young and innocent. However, our loyalty to certain things wavers with growing age.

It is an aspect that is often overlooked in relationships. Its significance is subtle yet it a powerful bonding force. Genuine loyalty never wears off with time, it only grows stronger. It is a quality that is found only in those who are strong from within, as loyalty involves sacrifice, obedience and honesty. Loyalty creates bonds and draws people together. However, it frequently goes unnoticed when a person is loyal to an idea, activity, institution or place. It is not only a characteristic of human beings but also animals.

Loyalty is seen in various aspects of our daily life.

When a child is lured into certain activities due to pressure, yet abstains from it due to the word he has given to his parents, there is loyalty.

Loyalty is a vow that is whispered at every wedding ceremony.

When one defends their friend against another who has spoken ill about them, there is loyalty in their friendship.

When you pick up the same brand of chips even when the supermarket offers many other brands, you are loyal as a customer.

When you listen to the same band music always, you are loyal as their fan.

When a man lends a helping hand to his school where he grew as a boy, he is a loyal student.

When an employee maintains company confidentiality, he is loyal as a worker.

When a soldier fights at the borders, he is loyal to his country.

Most importantly, when one respects oneself and maintains healthy boundaries, he is loyal to himself.

In such small but significant ways, loyalty is all around us. It is an inborn nature. Despite all the treachery, disloyalty and dishonesty that corrupts this world, there is still loyalty and hope.

***Sanjana K***



## ***La vie est belle ( Life is Beautiful)***

Often, theres a cloud that hovers over me.  
The gentle droplets of rain mix with my sobs of pearl and fall on to the ground and lose itself to its majesty.  
Theres a fire that burns outside of me, its what you call anger, but for me, its just a tumultuous change in mood that soon subsides as the clouds clear and let the light penetrate. Theres another fire burning inside of me, it is so fierce that it burns every thought of any problem that I might have.  
Its my inner strength that acts as a vanguard to my soul.  
When tragedy imperils me,  
theres a feeling, an intense one, that navigates its way to the fire that stays within me. Often, theres a mellifluous motion of the wind. It persuades me, to move on, the intensity of the wind making my heart stronger acting like a harbinger of something good that might follow. And it does.  
When it drops its scintillating glee on me, theres a different type of feeling in my heart, a positive one.  
As I think about it, the grief is outnumbered and outshined by serendipitous events and joyous occasions.  
It is then that I reach the bottom of the stairs of an epiphany, with every step I take, the strength inside me intensifies.  
Theres a beauteous rainbow among the clouds.  
Its then that I realize that life is an assortment of the good and the bad.

***Sriya Naik***

## **Bright Light**

When the rain falls to the ground feel the sound of music  
When the thunders starts to roll feel the bright light passing through all my cells,  
and in the light shells on the beach where my feet touch the ground,  
I start to see the bright light all around.  
When I walk along the streets I feel the fresh South winds rustling through my body and feet,  
and the sound of wind that makes me dance into the fresh air for the first chance..  
As I stand amidst the lakes and valleys, the bright light falls on me with all its glory,  
and illuminates the true colors of the world around me.

***Jocelyn***



***Rithika S***



***Riya Punmiya***

## News in brief



### Orientation

School reopened with an Orientation for the students of Std XI and their parents. Many expectant guardians were seen chatting amongst themselves, preparing to send their wards on a new journey to achieve academic and sporting excellence and become good citizens, working for the benefit of society.

The students' orientation was held the following day, with advice from former Josephites and a speech by Mr. Jatinder Mohan where he explained how attitude, determination and skill are the three pillars to success.

And so it came to pass that in a matter of a few days, students who had gained admission into the school were now incorporated into the fabric of the Josephite family.

### St Ignatius of Loyola

The highlight for the month of July is the Ignatian Week. With activities for every class as well as for the teachers, the focus for the week was on the Ignatian way of life, the work and teachings of St. Ignatius, the life of the Jesuits and the history of St. Joseph's Boys' High School. The wealth of knowledge about the school, the Jesuit fathers and their founder was tested through a plethora of competitions from quizzes to grid crosswords and from creative writing to video presentations on values. Students from LKG to Class XII took part in the contests to showcase the foresight of St. Ignatius of Loyola, after four and a half centuries has stood the test of time.



### World Environment Day

At SJBHS, concern for the environment, care for nature and anxiety over the rising problems of global warming and climate change are burning issues. On 7th June, a special assembly was conducted to celebrate World Environment Day.

Chief Guest Dr Vasantha Kavitha Shrikar, from the National Council for Science and Technology New Delhi and secretary of the K.C. Reddy Sarojamma Welfare Foundation addressed the students on environmental issues.



### Inter-religious Prayer Service

Fostering communal harmony and developing respect for values of different religions among students has always been one of the important goals of St Josephs Boys High School. It has become the need of the hour for students to realize the importance of secularism and embrace the different cultures in our country.

The first inter religious prayer service for the new academic year was held on 20th June.

The chief guest for the occasion, gave us his insights about oroastrianism. Students from across the different sections of school gave presentations on and read out parts from the holy scriptures of all religions. Songs were sung by the ISC and middle school students to spread the greater message of communal peace. The service managed to achieve its objective of educating students about the various different religions in our country and their cultures and traditions. It also helped the students realize the importance of respecting all the faiths and beliefs.



# News in brief

## Transcendence 2019

The third edition of the schools much-anticipated Science and Technology Fest - TRANSCENDENCE 2019 was held on the 21st and 22nd of June. The biggest turnout in the history of this fest saw 1,300 excited students walk in through our school gates. With over 16 events, Transcendence 2019 outdid itself with stimulating challenges, instilling the spirit of scientific curiosity into every student. The events included coding, mystery solving, journalism, performing complex experiments, and many more. Each one was equally exciting to watch as it was to take part in. Ultimately, only the strongest scientific minds took home prizes, despite the fierce competition. Our school was honoured to have a greatly respected luminary, Professor C. N. R Rao as the chief guest for the opening ceremony. The third edition of the schools much-anticipated Science and Technology Fest - TRANSCENDENCE 2019 was held on the 21st and 22nd of June. The biggest turnout in the history of this fest saw 1,300 excited students walk in through our school gates. With over 16 events, Transcendence 2019 outdid itself with stimulating challenges, instilling the spirit of scientific curiosity into every student. The events included coding, mystery solving, journalism, performing complex experiments, and many more. Each one was equally exciting to watch as it was to take part in. Ultimately, only the strongest scientific minds took home prizes, despite the fierce competition. Our school was honoured to have a greatly respected luminary, Professor C. N. R Rao as the chief guest for the opening ceremony. He advised the students that a profession in science requires tremendous 'dedication, passion, and patience for the 'service of humanity.



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## Annual Speech & Prize Day



Held on the 6th July, the Annual Speech and Prize Day for Seniors was well attended. The chief guest for the occasion was Group Captain Mr. Rohith Vijay Dev an old boy, his wife, Mrs Sunaina Rohith Vijay Dev. The other dignitaries who graced the occasion were OBA President, Mr George Olapally, Secretary OBA, Mr. Brian D'Lima, President PTA, Mr. K.C. Joseph and Secretary PTA, Mrs. Sudeshna Ghosh. A concise video version of the Annual Report – listing the social, spiritual, sports, academic and extracurricular activities of the school for the year 2018-19 was presented by our Principal, Fr Sunil. The active participation of the PTA and the OBA was appreciated and the Principal stressed that parents, teachers and the management are effective collaborators of Jesuit education.



## News in brief

### Say "NO" to drugs

Drugs take you to hell disguised as heaven. In order to spread this message and make the youth aware of the world around them a rally against drug abuse was conducted on the 26th June. The ISC students took part active in this rally in which several other schools also participated

### Parenting Session

A parenting session was conducted on Wednesday the 24th July by Mrs Gowri Achanta, for parents of std XII students. The interactive session was an enriching one for all parents.

### Workshop on personality development

Personality is an important thing in the life of a person that determines not only his professional success but also his overall behaviour and attitude in life. This message was brought home to the students by Mrs Mary Janet Reddy and Mrs Odella John who kept the students of class XII and X respectively, enthralled during the personality development workshop conducted for the ISC students right after their exams got over.

### CLC Outreach



On their very first Outreach Programme for the academic year, on 29th June, 2019, CLC boys were filled with concerns, questions and a lot of excitement. They visited Jeevarathini - Home for abandoned children, at Nallur Village, Hosur Road. They spent a day interacting with the inmates and returned enriched by the experience. Our students helped to pluck the harvest while enjoying the fruits of their labour. They helped to plant a few saplings, cleaned the gardens and folded clothes. There were a number of games organized by the staff wherein the children bonded with each other. The bonding continued during the sumptuous fellowship lunch. The Josephites spent a day interacting with the inmates and returned a contented lot, enriched by the experience.

### Upcoming Events

In the last week of July, school is rife with excitement with students preparing for the OBA Buzz. The first week of August sees a bonanza of competitions through which some of the best talent is unearthed.

On the 26th and 27th August, we look forward to Bifrost an inter-school fest which helps students to explore their creative and business sensibilities and provides a platform to exhibit textbook managerial practices in a more realistic and personal environment thus strengthening and confirming their understanding of core subjects.

At the end of the month the most awaited and exciting event, the Annual Sports Day will be held which gives an opportunity for students to display their self-confidence, patience, zeal and sportsmanship.



Run up to Sports Day

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# Settling In

With the dawn of the new school year there is the dawn of the new student and the new teacher. Meet some of the new members of our wonderful Josephite family.

We interviewed a few students and teachers and this is what they had to say.

I am Luke from LKG. I like my school very much. I can kick a ball so high it does not come down. I have three brothers who are also studying in SJBHS.

My name is Ryan. I am in LKG. I love coming to school every day because I have many friends here. We play a lot and also learn many things.

I am Jaden. I study in LKG. I like drawing and colouring very much. St. Joseph's is a very nice school.

I studied in Sacred Hearts Girls' High School till std X. I chose SJBHS because it is one of the premium schools in Bangalore and is right next to my old school. One of the things I like about SJBHS is that there is a lot of exposure to different things which helps us develop in a wholesome way and prepares us to face the challenges of tomorrow. I thought it would be hard to settle into a new school with such a different environment, but the staff as well as my new friends have been very accommodating. I am eager to use the amenities that the school offers, I have been swimming as well as playing badminton. I look forward to the next two years.

**Jessica James**

**XI A**

Working in Joseph's is a dream come true for me. I am happy and excited to be a part of this great institution. My colleagues and other staff members are friendly and approachable which is very encouraging and helpful for a fresher like me. My students are smart and energetic. Answering their enthusiastic questions; keeping up with them, is helping me grow both professionally and personally.

**Ms Maria Diane**

**Teacher of Social Studies, English**

**V & VI**

The best part of working in Joseph's is that everything is so well organized. A lot of planning and preparation done ahead of time ensures that the whole year goes smoothly. The teachers and other staff members are very friendly and cooperative. Students are taught with love and trained to be disciplined right from the beginning. This is the trademark of Joseph's. I would like to continue teaching in this institute for a long time.

**Ms Deepa Shah**

**Class teacher**

**LKG B**

I have recently graduated from Carmel High School. I chose SJBHS for its reputation. My interests include rocking out with my guitar and jamming with my friends. I chose to do commerce because I am interested in how businesses work and how the way they can be established almost overnight with one good deal and how they can fall due to scandal or competition. The two commerce aspects I feel very drawn to are public relations and human resources. One of my favourite quotes from my favourite book Alice in Wonderland says "Where should I go?-Alice "That depends on where you want to end up" - The Cheshire Cat."

Life is full of choices and consequences. Everyone who is here, is here because of the consequences of their actions or because of the ripple effect of someone else's actions that have unknowingly influenced them. The next two years will be the defining years of our lives and I for one am glad that I have chosen this institution to spend them in.

**Vibhas**

**XI C**

I had heard many marvellous things about SJBHS; how there is a good balance between academics and extra-curricular activities and also that the students are encouraged to participate in fests and muns. Being an avid munner I must admit this is what swayed my decision towards SJBHS. The change from NCES is huge and I'm still trying to find my feet but I'm certain that with the supportive and encouraging staff I will surely land on my feet like a cat. One of the things I like the most about SJBHS is the encouragement and opportunities that are provided to give back to society. I have enrolled myself in the CLC which stands for Christian Life Community; organised by the Junior school teachers. I have come to realise SJBHS is not merely a school, it is a community that takes care of its own and the needs of society around it, which sets it apart from the rest.

**Mansi Hegde**

**XI B**

The culture of Joseph's and its faculty make it a very good place to work in despite the challenges of large class strength and boisterous yet likeable boys. Being a Josephite myself, I am extremely happy to be here and would like to stay and grow in this great institution.

**Mr Arockia Doss**

**Teacher of English**

**VII & VIII**

**Interviews were taken by Ankita Ajit, Syed Abyan & Rhea Alvares**

# Making headlines



**GEARING UP FOR NEXT CHALLENGE**

The CISCE Regional Football Tournament, the pre-Subroto Cup, was hosted by Ryan International School, Yelahanka. It was held at Dravid Padukone Academy and FSV Arena from July 1 to 4. The tournament saw 44 teams, including 36 teams in the Under-17 and eight in the Under-19 categories. St Josephs Boy's High School lifted the cup in the U-17 category while Malya Aditi International School emerged as U-19 champions. The champions will continue their journey as they qualify for the Subroto Cup. Principal K Rajeshwari said, "Every child has the desire to win, but only champions have the desire to prepare for victory."

15th July 2019  
The Times of India

The third edition of the annual science fest, 'Transcendence' was held at St Joseph's Boys' High School on June 21 and 22.

The event, which was organised entirely by class 11 and 12 students, was inaugurated by Bharat Ratna Professor CNR Rao. He inspired and enthralled the 1,300 participants from schools and colleges across the city. He gave the students his mantra of 'Work, Finish and Publish'.

Rao also reminisced fondly his interaction with Nobel laureate



**BRAINS AT WORK**

Professor CV Raman, who supported him tremendously and threw light on the life and work of British scientist Michael Faraday.

The 16 innovative events at the fest were thoroughly enjoyed by all participants and the fest concluded with a panel discussion on Super Intelligent Artificial Intelligence, which was efficiently moderated by a class 12 student. The success of 'Transcendence' was made possible with the support of principal Fr Sunil Clethus Fernandes.

15th July 2019  
The Times of India



**ST JOSEPH'S BOYS HIGH SCHOOL, MUSEUM ROAD**  
The 3rd edition of the schools' Science and Technology Fest - TRANSCENDENCE 2019 was held recently. The fest witnessed 1,300 participants across 16 events. Bharat Ratna awardee Professor CNR Rao was the chief guest for the opening ceremony. He inspired all the participants into the pursuit of Science.

15th July 2019  
Deccan Herald



**ST JOSEPH'S BOYS HIGH SCHOOL** The inauguration of the Christian Life Community (CLC) marked beginning of activities chalked out for the year 2019-20. Chief Guest Rev Fr Praveen blessed LC badges as well as highlighted the principles of the community. With a prayer and words of advice by the Principal Rev Fr Sunil Fernandes SJ and the coordinator Brian McKertish, the CLC was formally inaugurated to cultivate awareness, sensitivity and empathy in the Josephites.

17th July 2019  
Deccan Herald

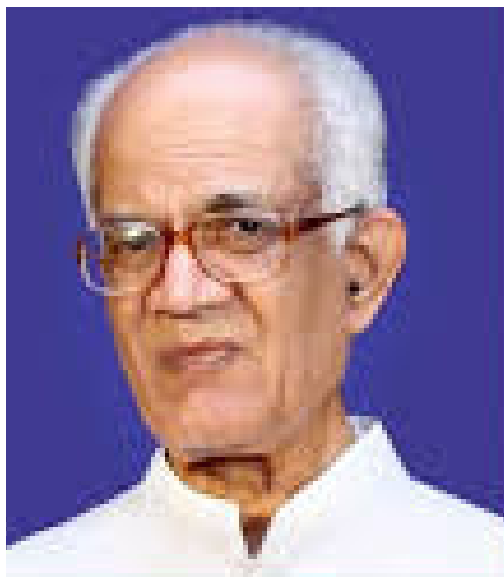


**ST JOSEPH'S BOYS HIGH SCHOOL** The students of the school participated in Olympiad and became winners. They have been awarded ranks at the zonal and international levels.

19th July 2019  
Deccan Herald



# Obituary



Rev Fr Hedwig da Costa SJ  
(21.09.1936 - 31.07.2019)

Fr Hedwig da Costa was a multi-faceted Jesuit priest who served as Principal of SJBHS from 1972-77. During his tenure, the school achieved many laurels and accolades in both the academic and sports fields. Fr da Costa left for his heavenly abode on 31st July 2019. The requiem mass for Fr Hedwig was held in the SJBHS Chapel on 1st August 2019. This solemn ceremony was celebrated by the Archbishop Emeritus Rev Dr Bernard Moras, Fr Ralph da Costa (Fr Hedwig's brother) and a host of other priests. Fr Hedwig's mortal remains was laid to rest at Mount St Joseph, Bannerghatta road, Bengaluru. Many priests, religious sisters as well as generations of students were in attendance. On 02.08.19, the staff and students of SJBHS organised a memorial service as a tribute to his immense contribution to the school, his work as a Principal, teacher and mentor to the countless students who have passed through this school.

## Newsletter Team

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